



ST. JOSEPH'S CATHOLIC SCHOOL



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Braves' Bulletin – January 26, 2012

Calendar of Events

Safe Environment Class	Thurs., Jan. 26 (2:30 p.m.), Diocesan Pastoral Center Rsvp with Eleanor Smith – esmith@rcdb.org
Family Day	Sun., Jan. 29, Attend Mass Together!
Catholic Schools Week	Sun. – Sat., Jan. 29 – Feb. 4
Safe Environment Class	Mon., Jan. 30 (4 p.m.), Bishop Kelly High School, Library Rsvp with Amy Eisele at 375-6010 x2022, or aeisele@bk.org
All School Mass	Fri., Feb. 3, (@St. Mark's) **Different Time & Place** All Welcome!
First Reconciliation	Sat., Feb. 4 (2 nd graders)
Crab Feed Dinner & Auction	Sat., Feb. 11, All Welcome!
Open House	Tues., Feb. 14 (9:30 – 11 a.m.), New Incoming Families
Registration Begins (2012-2013)	Thurs., Feb. 16, Current Families
H.S.A. Meeting	Tues., Feb. 21 (5:30 p.m.), <u>NEW TIME!</u> All Welcome!
School Board Meeting	Wed., Feb. 22 (5:30 p.m.), Library, All Welcome!
Registration Due (2012-2013)	Tues., Feb. 28, Current Families
Open Registration (2012-2013)	Thurs., Mar. 1, New Incoming Families

A Message from the Principal

Dear Parents,

I would like to **congratulate Danielle (8Y) and Sydney (6G) Bantrup for their excellent Community Service Project.** Both girls have been frequent volunteers at the Eagle Food Bank for the past few years. The charter school in Eagle, Northstar, decided to hold a food drive for the Eagle Food Bank at the local Albertsons on December 10th. They didn't have enough volunteers so they invited the Bantrups to help out. In just 2 hours the Bantrup girls, along with **Atticus Rosenkoetter,** were able to collect 3 full grocery carts of food and \$60.00 in cash for the food bank. Congratulations! St. Joseph's School is very proud of you!

We are very fortunate to have a teacher from Bishop Kelly that is interested in coordinating a **Junior High Ski Team.** Gina Gailis is willing to get all of the paperwork for students and meet them at Bogus for check-in on Saturdays, as well as helping during the races. If you are interested in having your child participate, please contact Gina at BK, 375-6010. The **first race might be as early as this Saturday,** so please contact Gina today!

Next week is **Catholic Schools Week,** which is a very important event here at St. Joseph's School. Catholic Schools **"Faith, Academics, Service" – The theme for Catholic Schools Week 2012** celebrates the fact that Catholic schools concentrate on the whole child, and are an added value for the nation. Because of their traditionally high academic standards and high graduation rates, and with strong moral values, Catholic schools and their graduates make a definite contribution to American society. Listed are all the events planned for next week:

- **All week** - **Handwriting Display & Theme Posters** –Winners will be displayed on the main hall bulletin boards.
- **Monday** - **Opening Ceremony at 8:30 a.m.** – Father and I will do the introductions. Father will bless the First Reconciliation pins. Sr. Marie Elena will begin the rosary. Student Council will recite decades. Student Council will talk about their fundraiser and the events of the week.
- **Tuesday** - **All school Pajama Day -"Cozy up with Jesus"** (PJs must be modest and school appropriate.) Bring your pillow. Classes may have a Read-A-Thon or show a favorite religious film on this day.
- **Wednesday: Sports Day/Hat Day** - **"Put God on your team."** Students and teachers may wear their favorite jersey and/or hat. Students must wear regular uniforms. Bishop Kelly students (Megan, Shea, Isabella, Ben) will come after lunch (2-3 p.m.) to speak to our students and help with a tug-of-war with the 6-8, and the K-2 and the 3-5 will do hula hoop and jump rope competitions. Student Council will be the judges.
- **Thursday: Dress as your Favorite Saint Day.** Students and teachers may dress as their favorite saint. All weapons must be made of cardboard. Students should be prepared to tell facts or write a biography about their saint. May have alumni speakers.
- **Friday: All Schools Mass at St. Mark's and Sock Hop.** Students must wear Mass dress; we will go by bus to St. Mark's arriving at 9:30 a.m. Middle School students will stay for a Vincent Kituku presentation and K-5 will return to school. Students may change into their crazy socks at noon. An awards assembly and the Crazy Sock Hop will begin at 1:30 p.m. for our end of week celebration. I want to thank the following staff who worked very hard to plan and prepare for this special week - **Thank you Mr. Aspiri, Mrs. Ayres, Mrs. Cox, Mrs. Gamboa, Mrs. Governale, Miss Hesla, Mrs. McClure, Mrs. Phillips, Mrs. Russell, Mrs. Seibert, Mrs. Seidler, and Mrs. Violette.**

On Sunday, February 12, after the 5 p.m. Teen Mass, St. John's will be hosting a unique opportunity for young people to hear and be inspired by the vocational stories of two incredible young women. The presentation is entitled **I Have Called You by Name: An Evening for Celebration, Prayer, and Inspiration.** Though this is outside the school hours, I would like to invite you to bring your children to this wonderful presentation. It will be a great part of the Catholic Schools faith journey.

It's almost here! The **47th annual St. Joseph's Crab Feed and Auction** will February 11th. If you have not yet purchased your ticket, please do so now. Please contact Rhoda Brunelli, or bring your registration to the office. I hope you have invited friends and family to join us as well. Our committee chairs and their assistants have really put their hearts into this event, and I hope we are all able to attend and support their efforts. It is also important to remember that all HSA fundraisers are vital to our budget. Money raised at these events is a huge part of our budget, and the Crab Feed is by far our largest project! Our goal is to keep St. Joseph's School strong in all areas and affordable for families who wish to attend.

Attached today are two articles from the Idaho Catholic Register that I thought you might enjoy reading. One is "Why we chose Catholic schools for our students" and the other is "Advocating for Catholic schools".

Respectfully,
Antonia A. Bicandi



Note from Fr. Henry:

We are very proud of our Catholic school. What does it mean to be Catholic? In recent years, leaders of parishes and schools in this country have sought to define what it means to be Catholic, and nurture that within our children and youth. Our school does an excellent job of nurturing within each Catholic student a sense of Catholic identity. Of course, the school cannot have as great an impact on instilling Catholic identity if the faith is not lived out in the home. Parents are the first and primary teachers of their children. Children look up to parents, they learn from their attitudes, statements and beliefs. To raise good Catholic children, it requires that parents be well formed in the Catholic faith. Each Sunday at Mass, we recite the Creed, our statement of what we believe. When you say "I believe" do you understand the depth of your confession of faith? Our Catholic Catechism says that only by searching out God and seeking to know him deeper will humans truly be happy. The Catechism also says that God never ceases to call us to a deeper relationship with him, but in order for us to respond to God's call, we have to make every effort of our intellect and will to seek him out and truly know him. It is for this reason that our Church, and our parish, strongly encourages all parents to seek out opportunities to go deeper and to learn more about our incredible Catholic faith. Here at the parish we have an active adult formation program, with many opportunities to learn about the faith. We have three different sessions of a series on Catholicism coming up. You can watch a short video that tells about this series here: <http://www.catholicismseries.com/>. The series will run on Sunday mornings, on Monday mornings, and on Monday evenings. I ask each parent to do whatever they can to learn more about our faith, and this is one opportunity to do so. You can learn more about The Catholicism Project at our parish, or get information on how to register, by reading our parish bulletin (pick one up at Mass or read it on our website www.stjohnsparishboise.org.)

A handwritten signature in black ink that reads "Rev. Henry Carmona". The signature is written in a cursive style with a horizontal line underneath the name.

Fr. Henry Carmona, Rector

Lost-and-Found

All items left in our Lost-and-Found bucket located at the bottom of the middle staircase **tomorrow, Friday, January 27th** will be sent to St. Vincent de Paul and our Used Uniform Sale.

Chess Program

Chess Program (Vellotti's Chess Kids) for grades K-6 beginning Thursday, February 9 from 3-3:45 p.m. in St. Joe's lunch room. See attached flyer for more information.

Nurses' Notes

Health benefits of prayer

As we head into Catholic School Week, I think it is especially timely to give thanks for our privilege of being able to pray in school. Have you ever wondered if prayer can really affect your health? That is exactly the question that led Adele M. Gill, RN, author of "7 Pathways to Hope" to study the dynamic, close correlation between health, optimism and prayer. In fact, Gill believes that optimal mental and physical health is dependent on the healing power of hope, the precursor to faith. That is, if one can hope, they can avoid the turmoil of despair and look forward to better health, which in turn, changes the chemical make-up of the mind-body connection. Studies have revealed that hope is vitally important to overall wellness. Yet the focused medical studies in this book reveal another powerful element that has the ability to completely change health outcomes that element is prayer. When prayer is added to the mind-body mix, something she calls the "Mind-Body-Faith Phenomenon," great things can happen. Though not clearly understood, some medical studies have shown that the chemical changes experienced through hope and prayer help patients physically, emotionally, mentally, and spiritually. Gill believes that prayer, a direct manifestation of hope and faith in God, is a highly effective accelerant for the power of optimism. In as much as most would agree that hope helps patients heal, adding prayer is, at the very least, helpful to the promotion of overall, optimal health in body, mind and spirit. Certainly much has been written in recent years about the mind-body connection. We understand well that the mind and body work together and are, in a sense, dynamically synchronized. The mind and body both share a certain chemistry; and poor physical health may result from untreated, anxiety and depression, which put extra wear and tear on the central nervous system, the immune system, and the cardiac system, among other things, while prayer has the opposite effect. For more information and studies check www.catholic.org

Linda Miller
School Nurse

Lunch Calendar

You may download our **February** lunch calendar at http://www.stjoes.com/calendar_food.html

Student Handbook

You may download our **Student Handbook** at http://www.stjoes.com/about_handbook.html

Field Trip Driver Requirements

- A photocopy of your driver's license.
- A copy of your declaration of insurance form showing at least **\$300,000 in liability coverage**.
- Forms 1 and 2 found here: <http://www.stjoes.com/forms.html>
- Safe Environment Class.

These will be kept on file for the current school year but must be **resubmitted each school year**.

Athletics and Activities

All games begin at 4:15 p.m. All buses depart from Sacred Heart School. Athletes may be checked out from school no more than 20 minutes prior to bus departure time.

TVCS Dance

Apr.20 @ St. Joe's, 7-9 p.m., \$5 + can of food

TVCS Boys' Basketball

Jan. 30 7th @ Lone Star, **Bus Departs 3:15 p.m.**
8th vs. Lone Star
Feb. 1 7th @ Nampa South, **Bus Departs 3:15 p.m.**
8th vs. Nampa South
Feb. 6 7th vs. Syringa
8th @ Syringa, **Bus Departs 3:15 p.m.**

Feb. 8	7 th @ Middleton, Bus Departs 2:45 p.m. 8 th vs. Middleton
Feb. 13	7 th @ Kuna, Bus Departs 3:15 p.m. 8 th vs. Kuna
Feb. 15	7 th vs. Vallivue 8 th @ Vallivue, Bus Departs 3:15 p.m.
Feb. 21	BYE
Feb. 22	7 th vs. Sage Valley 8 th @ Sage Valley, Bus Departs 3:15 p.m.
Feb. 27	7 th @ Nampa West, Bus Departs 3:15 p.m. 8 th vs. Nampa West
Feb. 29	7 th vs. East Valley 8 th @ East Valley, Bus Departs 3:15 p.m.
Mar. 5-7	Tournament - TBA

Attn: TVCS Parents: From the St. Joe's website click the TVCS button (left side toward the bottom) or go to <http://tvcs.rcdb.org> for all updated practice, game schedules and registration forms. Contact Brock Carpenter at 344-9738 (Sacred Heart School) with any questions.

Our Parish – St. John's Cathedral

HeartSpa Women's Retreat:

Where Women are Refreshed in Jesus!

Date: January 28, 2012

Times: 9 am to 7 pm

Place: St. John's Cathedral

Cost: \$30 (includes three meals and three spa stations)

The Most Refreshing Ten Hours You Will Ever Spend!! Heartspa Women's Retreat:

Hello Ladies! Prepare for a relaxing getaway at ***HeartSpa: Where Women Are Refreshed in Jesus.*** You'll grow closer to friends, deepen your relationship with Jesus, and be pampered as well! Together we'll experience meaningful sharing based around the scripture story of Jesus and the woman at the well, spa treatments, and lots of rejuvenating fun! We will begin with a light breakfast on Saturday January 28 and will finish by 7:00 pm the same day (no overnight-to make it easier for moms to get away!) Our HeartSpa Getaway will be held at the St. John's to make it more affordable for every woman in the parish. The registration fee covers three delicious meals, and fun and refreshing activities such as facials, pedicures, manicures and take home gifts. Call Rita Davis at 343-4290 for more information, or Lorissa or Bobbi at the parish office at 342-3511 or email bkdominick@gmail.com for a registration form. Take time to relax, make new friends, worship God, and dig deeper into your relationship with Jesus. We hope you'll join us at HeartSpa!

St. Mark's

St. Mark's Grandparents Club extends an invitation to all our grandparents to join them for coffee and cookies at St. Mark's parish hall following the **All Schools Mass on Friday, February 3rd**. If you have any questions, please contact Phyllis Sawyer at psawyer@stmarksboise.org or at 375-6651.

Bishop Kelly High School

**Come Ye - Come All Parents
to
Irish Fest**

Bishop Kelly High School invites you to their annual Booster Club Fundraising event:

Irish Fest

Saturday, March 17th, 5:30pm to 11:00pm

The Regular Gym (old gym) at Bishop Kelly High School.

This event will feature a sit down dinner, silent, live, and dessert auctions, special raffles, plus music and dancing!

To make a dinner reservation, please contact: Lisa Grover at 938-9903 or Lhgrover@cableone.net
or Robin Navert at 938-7833 or Rnavert@gmail.com.

